

**Most Holy Redeemer/St. Canice Religious Education Parent/Student Guide**

Pastor: Fr. Victor Valencia  
507- 364-7981 \* frvic2000@yahoo.com  
Lead contact: Maureen Leonard  
507-400-5780 \*May txt this phone # also!  
maureenleonard@frontier.com

**Our Mission**

The Most Holy Redeemer/St. Canice Religious Education program partners with parents - the primary educators of the faith - to provide instruction in the Catholic faith, to promote full active participation in the Eucharistic and sacramental life of the Church, to draw people into relationship with Jesus Christ, and to foster a desire to live out and share our faith in the world.



## Family Learning Goals

1. Parents are the first and most influential educators of their children in the faith. Ask questions and talk with your child about the material learned in class. Talking about the material, praying as a family, and regularly attending Mass will help your child to grow in his or her faith. Your example of prayer, reading the bible, and involvement in the life and worship of the parish is your child's greatest teacher.
2. Mass attendance on Sundays and Holy Days of Obligation is a serious obligation. Religious education assists the child in growing in his or her faith. It does not take the place of Mass attendance. Attending Mass every Sunday and Holy Day of Obligation is expected of every student.
3. **Parents are expected to assist their children in learning the formal prayers and faith facts of the Church.** The expectations of each grade level are outlined in this guide along with a copy of the prayers and faith facts.
4. Encourage your son or daughter to participate in service projects and special events, and join him/her in doing so when you can. Assist them with any homework they may bring home.

## General Policies and Guidelines

**Normal religion class day/time at Most Holy Redeemer/St. Canice: Wednesdays 6:30 p.m. -7:30 p.m. Please see calendar for special days/times for retreats, classes, sacraments, and special events.**

1. Normal drop-off time for students is between 6:15 – 6:30 p.m. for grades K-7. **Confirmation ends at 7:45 p.m.** Students may not enter the classroom unless their catechist is present.
2. When class is over teachers will lead their classes to the door for pick up. Arrangements can be made in advance to have older siblings pick up younger siblings with the younger siblings catechist.
3. Parents should make every effort to have their child(ren) attend every class. Report absences to your child's catechist.
4. Students should not bring I-pods, cell phones, headphones, food, drink, gum, weapons, toys, or anything else that will cause a distraction to the class. Any items brought to class that cause a distraction will be taken away until the end of class. If it happens again a parent will need to come to the classroom to pick up the item after class.
5. Students should dress respectfully for class. No hats, caps, tank tops, t-shirts with inappropriate sayings, or short shorts are allowed.
6. Students that make a threat of any kind to their catechist, peers, helpers, or parents, will be immediately dismissed from the program.
7. If your child loses or damages a textbook you will be responsible for its replacement cost.
8. Any changes in the religion class schedule as well as announcements of upcoming events will be communicated by email.
9. Generally, if Tri-City United Schools cancel school because of weather, religious education classes are also cancelled. It is recommended that you check your email for information on cancellation of classes.

## **Student Behavior Expectations**

1. Respect school, building, and student property. Use garbage cans for garbage. Do not sit or stand on desks or tables. Keep hands out of the day students desks and the day students items.
2. Respect yourself, your peers, and all the catechists. Listen quietly when someone is talking and speak with good manners. Keep hands and feet to yourself. Do not run in the hallways.
3. Arrive prepared to learn and to contribute positively to the class.

## **Discipline Policy**

Disorderly and disrespectful conduct to catechists or peers is not acceptable. Resolution will depend upon the severity of the problem and frequency. General guidelines are listed below.

1. The catechist will verbally correct the child by directing the child to stop the unacceptable behavior and remind them of the acceptable behavior. A verbal correction may be followed up with a letter from the student to their parent letting them know there was an issue.
2. If the behavior continues the child will then be sent out of the classroom to the adult in charge and parents will be notified.
3. If poor behavior choices continue then a meeting will be arranged to decide if the child will be allowed to continue in the program.

## **Protecting God's Children**

An initiative for safety

Children and youth understand more about safety and are more likely to follow rules for personal safety when they have multiple opportunities to practice and talk about safety over the years. Knowing this, the archdiocese, in keeping with the Council of Catholic Bishops has required that every parish provide safety formation annually at each grade level. The archdiocese expects full participation from every student registered in our programs to keep our children safe.

These classes are taught by your child's catechist. Refer to the religion calendar to see when this is scheduled. Please make sure your child is in attendance that evening. Make-up sessions will be scheduled if absences are too high.

## **Prayers and Faith Facts Expected to be Learned by Grade Level**

**\*Guidelines for the Sacraments of 1<sup>st</sup> Reconciliation, 1<sup>st</sup> Eucharist, and Confirmation will be received from your child's catechist.**

**Kindergarten:** Holy Water Etiquette, The Sign of the Cross, Proper Genuflection, Grace Before Meals, and Hail Mary.

**1<sup>st</sup> Grade:** Our Father, Holy, Holy Mass prayer, and Glory Be.

**2<sup>nd</sup> Grade:** Act of Contrition and Ten Commandments.

**3<sup>rd</sup> Grade:** Mysteries of the Rosary.

**4<sup>th</sup> Grade:** Fatima Prayer and Hail Holy Queen.

**5<sup>th</sup> Grade:** Seven Sacraments and Confiteor.

**6<sup>th</sup> Grade:** Act of Faith, Act of Hope, and Act of Love.

**7<sup>th</sup> Grade:** Stations of the Cross

### Prayers and Faith Facts Descriptions

#### **Holy Water Etiquette**

Worshippers dip their right fingertips into the holy water font as they enter church and make the sign of the cross. Repeat before exiting the church.

#### **The Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

(Make the Sign of the Cross before and after saying other prayers. Make sure your child is using his/her right hand, and going from forehead to the heart or stomach, to the left shoulder and then to right shoulder.)

**Proper Genuflecting (Kneeling)** We genuflect (to bend the knee) to show honor and servitude to Jesus Christ present in the Blessed Sacrament (whether in the tabernacle or exposed in the Monstrance during Eucharistic Adoration).

Everyone should genuflect (kneel) toward the tabernacle on the right knee so that it touches the ground whenever entering or leaving a pew, except during communion.

During Eucharistic Adoration, adorers genuflect on both knees when Jesus is present in the monstrance.

#### **Grace Before Meals**

Bless us, O Lord, and these, thy gifts, which we are about to receive from thy bounty, through Christ, our Lord. Amen.

#### **Hail Mary**

Hail Mary, full of grace; the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

#### **Glory Be**

Glory be to the Father, to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

#### **Our Father**

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

#### **Act of Contrition**

O my God, I am heartily sorry for having offended you. I detest all my sins because of your just punishments, but most of all, because I have offended you, my God, who are all good and deserving of all my love. I firmly resolve, by the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.

#### **Ten Commandments**

1. I am the Lord, your God. You shall not have other gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

#### **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, Most Gracious Advocate, your eyes of

mercy upon us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy mother of God, that we may be made worthy of the promises of Christ.

#### **The Fatima Prayer**

O, my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to heaven, especially those most in need of thy mercy. Amen.

#### **Seven Sacraments**

1. Baptism
2. Holy Eucharist
3. Penance (Reconciliation)
4. Confirmation
5. Anointing of the Sick
6. Holy Orders
7. Matrimony

#### **Stations of the Cross**

**1<sup>st</sup> Station:** Jesus is Condemned to Death

**2<sup>nd</sup> Station:** Jesus Takes Up His Cross

**3<sup>rd</sup> Station:** Jesus Falls the First Time

**4<sup>th</sup> Station:** Jesus Meets His Mother, Mary

**5<sup>th</sup> Station:** Simon Helps Jesus Carry the Cross

**6<sup>th</sup> Station:** Veronica Wipes the Face of Jesus

**7<sup>th</sup> Station:** Jesus Falls the Second Time

**8<sup>th</sup> Station:** Jesus Meets the Weeping Women

**9<sup>th</sup> Station:** Jesus Falls the Third Time

**10<sup>th</sup> Station:** Jesus is Stripped of His Clothes

**11<sup>th</sup> Station:** Jesus is Nailed to the Cross

**12<sup>th</sup> Station:** Jesus Dies on the Cross

**13<sup>th</sup> Station:** Jesus is Taken Down from the Cross

**14<sup>th</sup> Station:** Jesus is Placed in the Tomb

**15<sup>th</sup> Station:** Jesus Rises from the Dead

\*At each station the leader says: We adore You, O Christ, and we bless You. You respond with: Because by Your holy Cross You have redeemed the world.

### **Prayers and Faith Facts Descriptions Continued**

#### **Mysteries of the Rosary**

##### **The Joyful Mysteries**

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

##### **The Luminous Mysteries**

1. The Baptism in the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of our Lord
5. The Institution of the Holy Eucharist

##### **The Sorrowful Mysteries**

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

##### **The Glorious Mysteries**

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

#### **Confiteor Mass Prayer**

I confess to Almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (strike your heart 3 times) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

#### **Act of Faith**

O my God, I firmly believe that you are one God in three divine persons – Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths, which the Holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived. Amen.

**Act of Hope**

O my God, relying on your almighty power and infinite mercy and promises, I hope to obtain pardon for my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

**Act of Love**

O my God, I love you above all things, with my whole heart and soul because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and ask pardon of all whom I have injured. Amen